

## Physical Education

***We aim to provide all children with a broad and balanced high quality Physical Education curriculum. Our intention is to equip students with the necessary knowledge, skills and understanding in order for them to be lifelong participators and evaluators with an open mind-set towards a range of sports and exercise. Through our extracurricular and enrichment opportunities we aim to develop inspired and passionate participators.***

### Our Core PE curriculum

**We expect all students to attend every PE lesson with 100% correct kit, even if they have an injury or are feeling poorly (except for extreme cases). All students are expected to participate in our Swimming and Water Safety Lessons.**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 9 & 10	Girls PE: Football/Badminton  Boys PE: Football/Fitness & TT	Girls PE: Badminton/Football  Boys PE: Fitness & TT/Football	Girls PE: Dance/Fitness & TT  Boys PE: Swimming/Basketball	Girls PE: Fitness & TT/Dance  Boys PE: Basketball/Swimmng	Girls PE: Athletics Swimming / Rounders  Boys PE: Athletics Badminton/Cricket	Girls PE: Rounders/Swimming  Boys PE: Cricket/Badminton
Year 11	Activities to prepare students for active lifelong participation (Mini soccer leagues, Fitness classes, SwimFit, & more driven by student interest)					

### Our Examined PE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
GCSE PE (Year 10)  (Edexcel)	<i>Fitness Training &amp; Testing</i>	<i>Fitness &amp; Body Systems</i>	<i>Health &amp; Performance</i>	<i>Health &amp; Performance</i>	<i>Body Systems</i>	<i>Body Systems</i>
BTEC SPORT (Year 10)  (Pearson)		<i>Fitness Training &amp; Testing</i>	<i>Applying the principles of Fitness Training</i>	<i>Applying the principles of Fitness Training</i>	<i>Body Systems</i>	<i>Body Systems</i>

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
GCSE PE (Year 11)	<i>PEP Coursework</i>	<i>PEP Coursework</i>	<i>Revision</i>	<i>Revision</i>	<i>STUDY LEAVE</i>	<i>STUDY LEAVE</i>
BTEC SPORT (Year 11)	<i>Practical Sports Performance</i>	<i>Practical Sport Performance</i>	<i>The Sports Performer in Action / Leadership In Sport</i>	<i>The Sports Performer in Action / Leadership in Sport</i>	<i>STUDY LEAVE</i>	<i>STUDY LEAVE</i>